

All times are approximate dependant on conditions and numbers

<i>Date</i>	<i>Time</i>	<i>Walk</i>	<i>Where to meet</i>
1 Jan 2024	10:30 - 12:30	Churchtown Farm	St Stephen's Church, Saltash (PL12 4AP)
8 Jan 2024	10:30 - 12:30	Cadover Bridge	First car park on the right driving from Yelverton (PL7 5EH)
15 Jan 2024	10:30 - 12:30	Wilcove	Torpoint Cemetery car park (PL11 2QJ)
22 Jan 2024	10:30 - 12:30	Tamar Riverside	Mutton Cove car park (PL1 4LB)
29 Jan 2024	10:30 - 12:30	Tregantle Fort	Tregantle Fort lay-by (PL11 3AZ)
5 Feb 2024	10:30 - 12:30	Cann Woods	Cann Woods National Forest car park (PL7 5ED)
12 Feb 2024	10:30 - 12:30	St Budeaux	St Stephen's Church, Saltash (PL12 4AP)
19 Feb 2024	10:30 - 12:30	Brixton	Otter Garden Centre (PL8 2BH)
26 Feb 2024	10:30 - 12:30	Latchbrook and Trematon	On road near Latchbrook Community Centre, Saltash (PL12 4UT)
4 Mar 2024	10:30 - 12:30	Tokenbury Corner	Tokenbury car park above Pensilva (PL14 5PJ)
11 Mar 2024	10:30 - 12:30	Cargreen	Landulph Church (PL12 6NG)
18 Mar 2024	10:30 - 12:30	Seaton Valley	Seaton Valley car park (PL11 3JF)
25 Mar 2024	10:30 - 12:30	China Fleet	Free car park near Tamar Bridges, Saltash (PL12 6BJ)



January - March 2024

A walking group for all ages.
A great way to meet new people, explore your area, and improve your health
- and it's free!
Please meet for a 10.30am start unless stated.
Walks are approximately 2 hours long.
These walks are led by qualified walk leaders.
NO NEED TO BOOK!

Walk & Talk
Saltash - every
Monday morning



Tamar Valley
 National
 Landscape

<p>Churchtown Farm Meet 10:30am, St Stephen's Church, Saltash, PL12 4AP. Walk around Churchtown Farm route depending on conditions. Good views across rivers Tamar and Lynher.</p>	<p>Brixton Meet 10:30am, Otter Garden Centre, PL8 2BH. Circular walk along paths and tracks.</p>
<p>Cadover Bridge Meet 10:30am, first car park on the right driving from Yelverton, PL7 5EH. Circular walk from Cadover Bridge over moorland to the Dewerstone for a break with great views, returning on a different route.</p>	<p>Latchbrook and Trematon Meet 10:30am, on road near Latchbrook Community Centre, Saltash, PL12 4UT. Walk on footpaths and over fields to Trematon for a break before returning on a different route via Latchbrook Leat.</p>
<p>Wilcove Meet 10:30am, Torpoint Cemetery car park, PL11 2QJ. Circular walk on paths, tracks and lanes through Antony Estate to Wilcove then back along a different route to Cemetery.</p>	<p>Tokenbury Corner Meet 10:30am, Tokenbury car park above Pensilva, PL14 5PJ. Follow the main track to "the man in the mine" then follow the upper track towards Caradon Hill but take the track on the right passing a small reservoir before returning to the car park.</p>
<p>Tamar Riverside Meet 10:30am, Mutton Cove car park, PL1 4LB. Pavement walk along Tamar riverside to Royal William Yard for a coffee break before continuing to Devil Point, then returning along roads and paths.</p>	<p>Cargreen Meet 10:30am, Landulph Church, PL12 6NG. Circular walk through fields, paths and lanes to Cargreen then returning to the car park.</p>
<p>Tregantle Fort Meet 10:30am, Tregantle Fort lay-by, PL11 3AZ. Walk the South West Coast Path to Portwrinkle for a coffee break before returning along the same route.</p>	<p>Seaton Valley Meet 10:30am Seaton Valley car park, PL11 3JF. Lanes and tracks up to Keveral Manor then lanes and fields to South West Coast Path returning to the car park.</p>
<p>Cann Woods Meet 10:30am, Cann Woods National Forest car park, PL7 5ED. Circular walk through woods and along paths.</p>	<p>China Fleet Meet 10:30am, free car park near Tamar Bridges, Saltash, PL12 6BJ. Walk on paths and roads to China Fleet Country Club then through woods along the River Tamar for a break before returning on the same route.</p>
<p>St Budeaux Meet 10:30am, St Stephen's Church, Saltash, PL12 4AP. Walk through Saltash then over the Tamar Bridge to St Budeaux for a break, then continuing along roads and paths before returning by bus to St Stephen's Church.</p>	<p style="text-align: center;"><i>For further information on preparing yourselves for our walks, please visit www.tamarvalley.org.uk/free-walking-groups and scroll down to 'Be prepared', or email enquiries@tamarvalley.org.uk</i></p>

