

All times are approximate dependant on conditions and numbers

<i>Date</i>	<i>Time</i>	<i>Walk</i>	<i>Where to meet</i>
3 July 2024	10:30 - 12:00	Gunnislake to Clitters Mine	Gunnislake car park (free to park for 2 hours, but ticket required) (PL18 9NA)
10 July 2024	10:30 - 13:00	W&T+ Tavistock Canal	Pixon Lane car park (PL19 9AZ)
17 July 2024	10:30 - 12:30	Frogwell from Cadsonbury	Cadsonbury car park, limited space (PL17 7HL)
24 July 2024	10:30 - 12:30	Bere Ferrers to Bere Alston	Bere Ferrers station (PL20 7EU)
31 July 2024	10:30 - 12:30	Phoenix Mining Valley	Cheesewring/Cheesewring Old Chapel car park on B3244 near Minions (PL14 5LE)
7 Aug 2024	10:30 - 12:30	Chimney Rock	Tamar Trails car park (£2) (PL19 8JE)
14 Aug 2024	10:30 - 12:30	Calstock Circular No.2	Calstock Quay car park (PL18 9QA)
21 Aug 2024	10:15 - 12:30	Magpie Bridge	Magpie Bridge car park (PL20 7RZ)
28 Aug 2024	10:30 - 12:30	Kit Hill Incline	Car park around back of the Hill (PL17 8HW)
4 Sept 2024	10:30 - 12:30	Burrator Reservoir and Sheepstor Foothills	Road near dam (PL20 6PJ)
11 Sept 2024	10:30 - 12:30	St Dominica Heritage Trail	St Dominic Church car park (PL12 6TP)
18 Sept 2024	10:30 - 12:30	Drake's Trail	Harrowbeer airfield (PL20 6BT)
25 Sept 2024	10:30 - 12:30	Calstock Circular No.7	Calstock Quay car park (PL18 9QA)



July - September 2024

A walking group for all ages.

A great way to meet new people, explore your area, and improve your health – and it's free!

Please meet for a 10.30am start unless stated.

Walks are approximately 2 hours long.

These walks are led by qualified walk leaders.

NO NEED TO BOOK!

**Walk & Talk
Tamar Valley -
every Wednesday
morning**



**Tamar Valley
National
Landscape**

<p>Gunnislake to Clitters Mine Meet 10:30am, Gunnislake car park (free to park for 2 hours, but ticket required), PL18 9NA. Walk down to bridge via Commercial Street and Newbridge Hill. Go left before bridge to walk towards woods and Clitters Mine. Return via North Dimson and Middle Dimson (one steep hill). Approx. 90mins.</p>	<p>Magpie Bridge Meet 10:15am, Magpie Bridge car park, PL20 7RZ. Bus to Drake's roundabout (please bring change or bus pass). Return on foot past schools, industrial estate, zebra crossing and housing estate, then footpath via Grenofen tunnel and woods.</p>
<p>Tavistock Canal Meet 10:30am, Pixon Lane car park, PL19 9AZ. Walk through park and follow canal as far as shrine and back. All flat, no hills! Approx. 2hrs 30mins. Option of shortening walk.</p>	<p>Kit Hill Incline Meet 10:30am, car park around back of the Hill, PL17 8HW. Gradual uphill climb to summit and return via various paths.</p>
<p>Frogwell from Cadsonbury Meet 10:30am, Cadsonbury car park (limited space), PL17 7HL. Cross bridge and go left across fields and stiles to Frogwell, then quiet lane. Enter farm and follow footpath up and across fields, return via track down to bridge.</p>	<p>Burrator Reservoir and Sheepstor Foothills Meet 10:30am, road near dam, PL20 6PJ. Cross dam to walk towards Sheepstor via roads and woods. Return via lakeside path. One gradual uphill and several stiles.</p>
<p>Bere Ferrers to Bere Alston Meet 10:30am, Bere Ferrers station to board 10:45am train to Bere Alston, PL20 7EU. Train fare required. Return via the uphill footpath alongside station, across fields, through village, recreation ground and long road. Enter woods on right, continue alongside river towards church and up to Bere Ferrers station.</p>	<p>St Dominica Heritage Trail Meet 10:30am, St Dominic Church car park, PL12 6TP. Cross to footpath opposite and shortly go left downhill to the Morden Valley, left at fork, over stream, paths and roads, cross stile on right into field. More fields and stiles then out onto a track. Go left and straight on at junction. Take footpath left in Ashton across fields then lanes to car park.</p>
<p>Phoenix Mining Valley Meet 10:30am, Cheesewring/Cheesewring Old Chapel car park on B3244 near Minions, PL14 5LE. Newish walk via a pool, woods, ruins and moorland. Views of Sharp Tor.</p>	<p>Drake's Trail Meet 10:30am, Harrowbeer airfield, PL20 6BT. File across road to follow Drake's Trail via gates. Cross two fields via stiles down to Hoo Meavy Bridge. Return via footpath through woods.</p>
<p>Chimney Rock Meet 10:30am, Tamar Trails car park, PL19 8JE (£2). Follow trail parallel with entrance road but in opposite direction, cross lane and continue ahead, follow path on right to Chimney Rock, continue onwards to junction and double back to retrace steps to car park.</p>	<p>Calstock Circular No.7 Meet 10:30am, Calstock Quay car park, PL18 9QA. Head for the station via Brick Lane. Cross to Higher Kelly and wide bridge. Go up Old Kelly Lane to top of Danescombe Valley. Footpath on left back to Lower Kelly.</p>
<p>Calstock Circular No.2 Meet 10:30am, Calstock Quay car park, PL18 9QA. Follow footpath from boatyard to Robyn's grave, on to level crossing and down through Harewood. Riverside path back to car park.</p>	<p><i>For further information on preparing yourselves for our walks, please visit www.tamarvalley-nl.org.uk/discover-explore/walking/#walk-talk-anchor and scroll down to 'Be prepared', or email enquiries@tamarvalley.org.uk</i></p>