

At a glance

All times are approximate dependant on conditions and numbers

Date	Walk	Time	Where to meet
1 Oct 2025	Bere Ferrers and Lopwell Dam	10:30am	Bere Ferrers railway station. PL20 7LT
8 Oct 2025	Siblyback circular	10:30am	At overflow car park. (First c.p on right) PL14 6ER (£2.50 for two hours)
15 Oct 2025	South Hooe Nature Reserve	10:30am	Meet at 10.30am at small car park on right opposite Tamar Valley Vineyard. PL20 7BW (///meaty.brains.family)
22 Oct 2025	Kit Hill	10:30am	Middle car park. PL17 8HR
29 Oct 2025	Bere Alston circular via Tuckermarsh Quay	10:30am	Bere Alston railway station. PL20 7EU
5 Nov 2025	Buckland Down	10:30am	Car park opposite Long Ash garden centre. PL20 7LL
12 Nov 2025	Calstock circular	10:30am	Calstock car park. PL18 9QA
19 Nov 2025	Tavistock Canal	10:30am	Kings car park, Pixon Lane, Tavistock. PL19 9AZ
26 Nov 2025	Minions and Phoenix Mine	10:30am	Minions/Cheesewring c.p on B3244 near Minions. PL14 5LE
3 Dec 2025	Burrator Reservoir and Yennadon Down	10:30am	Between toilets and dam. PL20 6PE
10 Dec 2025	Cadsonbury Hill Fort	10:30am	Callington New Bridge car park off the A390. PL17 7HL limited parking
17 Dec 2025	Cotehele circular via Boars' Bridge	10:30am	Quayside car park. PL12 6TA NT card or cash required to park
24 Dec 2025	Tamar Trails	10:30am	Lower car park near Gunnislake New Bridge. PL19 8JG
31 Dec 2025	Whitchurch Down	10:30am	Down Road Tavistock. PL19 9AG



Oct - Dec 2025



Tamar Valley Walk & Talk

Every Wednesday morning

- 🌿 A walking group for all ages.
- 🌿 A great way to meet new people, explore your area and improve your health - **and it's free!**
- 🌿 Please meet for a 10:30am start unless stated.
- 🌿 Walks are approximately 2 hours long.
- 🌿 These walks are led by qualified walk leaders.
- 🌿 **NO NEED TO BOOK!**



Tamar Valley
National
Landscape

www.tamarvalley-nl.org.uk

1st October

Bere Ferrers and Lopwell Dam

Meet: 10.30am, at Bere Ferrers railway station. PL20 7LT
Walk along paths near river, then uphill and downhill to reach one end of the dam. Retrace steps back up to follow route back to station.

8th October

Siblyback circular (New walk)

Meet: 10.30am, at overflow car park. (First car park on right - £2.50 for two hours). PL14 6ER
Circular walk over fields, passing through Common Moor.

15th October

South Hooe Nature Reserve (New walk)

Meet: 10.30am, at small car park on right opposite Tamar Valley Vineyard. PL20 7BW (///meaty.brains.family)
Walk downhill to nature reserve to enjoy a circular route with time to visit the bird hides along the way. Return on footpath back to car park. (Sorry, no dogs)

22nd October

Kit Hill

Meet: 10.30am, at middle car park. PL17 8HR
Walk around Kit Hill, the route depending on conditions.

29th October

Bere Alston circular via Tuckermarsh Quay

Meet: 10.30am, at Bere Alston railway station. PL20 7EU
Follow lanes and paths down through woods to North Ward Farm. Then follow the Tamar past white cottages and along lanes back to station via Butspill.

5th November

Buckland Down

Meet: 10.30am, at cp opposite Long Ash garden centre. PL20 7LL
To enjoy a circular walk around Buckland Down.

12th November

Calstock circular

Meet: 10.30am, at Calstock car park. PL18 9QA
Walk along riverside to Okel Tor mine. Follow paths around the mining area then return via a different route.

19th November

Tavistock Canal

Meet: 10.30am, at Kings car park, Pixon Lane, Tavistock. PL19 9AZ
Walk alongside canal as far as Hannah Bragg's shrine and then retrace steps back. Allow at least 2hrs.

26th November

Minions and Phoenix Mine

Meet: 10.30am, at the Minions/ Cheesewring car park on B3244 near Minions. PL14 5LE
Walk away from the moor, through woods and the Phoenix mining area.

3rd December

Burrator Reservoir and Yennadon Down

Meet: 10.30am, between toilets and dam. PL20 6PE
Walk along road to small waterfall. Uphill from here. Circular walk around Yennadon Down, then downhill back to dam.

10th December

Cadsonbury Hill Fort

Meet: 10:30am, at Callington New Bridge car park off the A390 (limited parking). PL17 7HL
Follow footpath through woods and out onto lane. Double back towards c.p. to reach f.p. on left. Uphill to Iron-age Hill Fort to walk around anti-clockwise. Return through woodland beside river. **Christmas lunch pre-booked at Engine House restaurant.**

17th December

Cotehele circular via Boars' Bridge

Meet: 10.30am, at quayside car park. PL12 6TA
From quay follow paths to chapel, viewpoint and on to the house. Pass reception and then down road to white gate. Enter and follow path on right to Newhouses, then left on road to Boar's Bridge. Cross bridge then slightly uphill to join f.p on left. Return past lime kilns and Dung Quay. **National Trust card or cash required to park.**

24th December

Tamar Trails

Meet: 10.30am, at lower car park near Gunnislake New Bridge. PL19 8JG
Circular walk on tracks via Wheal Frementor and Wheal Anna Maria.

31st December

Whitchurch Down

Meet: 10.30am, at Down Road Tavistock. PL19 9AG
Circular walk on Whitchurch Down with a stop for coffee and mince pies.

For further information on preparing yourselves for our walks, please visit www.tamarvalley-nl.org.uk/discover-explore/walking/free-walk-groups and scroll down to 'Be prepared', or email enquiries@tamarvalley.org.uk
The Ramblers have also provided useful information on safe walking at www.ramblers.org.uk/safety