

# At a glance

All times are approximate dependant on conditions and numbers

| Date                   | Walk                                     | Time         | Where to meet  |
|------------------------|--|--------------|--|
| <b>1 Jan 2026</b>      | Bere Ferrers riverside to Hallowell Wood | 10:00 -12:00 | Bere Ferrers quay PL20 7JN (downhill from The Olde Plough Inn).  |
| <b>8 Jan 2026</b>      | Calstock Quay to Okeltor Circular        | 10:00 -11:30 | 10am, Calstock Quay by bus stop. Free car park at riverside PL18 9QA   |
| <b>NEW 15 Jan 2026</b> | South Hooe                               | 10:00 -12:00 | South Hooe, Bere Alston PL20 7BP. ( <i>/// Clogging.jazz.trains</i> ).   |
| <b>22 Jan 2026</b>     | Magpie Bridge                            | 10:00 -12:00 | Free Bedford Bridge car park, on the A386 between Tavistock and Horrabridge PL20 7RZ ( <i>///pots.alpha.varieties</i> )  |
| <b>29 Jan 2026</b>     | Gunnislake village and riverside         | 10:00 -11:30 | Gunnislake village and riverside Free (2 hours) Gunnislake car park opposite the Post Office PL18 9JS  |
| <b>5 Feb 2026</b>      | Tamar Trails to Chimney Rock             | 10:15-11:45  | Tamar Trails car park PL19 8JE ( <i>///marathon.rotations.onions</i> ). £2+ parking charge at time of writing  |
| <b>12 Feb 2026</b>     | Lockett Greenscoombe Woods               | 10:00 -12:00 | Free Lockett village car park Greenscoombe Lane PL17 8NJ ( <i>///sitting.bells.lifetimes</i> ).  |
| <b>NEW 19 Feb 2026</b> | Yelverton/ Clearbrook                    | 10:00 -12:00 | St Pauls Yelverton Car Park, ( <i>///scoots.lifetimes.glanders</i> )   |
| <b>26 Feb 2026</b>     | Sibleyback Reservoir                     | 10:00 -12:00 | 9:15am, Tamar Valley Centre free car park PL18 9FE, to car share to Siblyback or at the dam end parking (for 10am start) ( <i>/// outdoor.deciding.unimpeded</i> ) |
| <b>5 Mar 2026</b>      | Morwellham                               | 10:00 -12:30 | 9:40am at Tamar Valley Centre free car park PL18 9FE, to car share or meet 9:50am at layby. ( <i>///companies.supple.level</i> )                                   |
| <b>NEW 12 Mar 2026</b> | Lewtrenchard                             | 10:00 -12:00 | Lewtrenchard Church Car Park ( <i>///openings.expanded.inversions</i> )  |
| <b>19 Mar 2026</b>     | Bere Alston to Tuckermarsh Quay          | 10:00 -12:00 | Bere Alston Station car park PL20 7ES. Free. Please park considerately.  |
| <b>26 Mar 2026</b>     | Tamar Trails to Devon Great Consols      | 10:00 -12:00 | Tamar Trails car park PL19 8JE ( <i>/// marathon.rotations.onions</i> ). £2 parking.   |



## Tamar & Bere Wellbeing Walks

Every Thursday morning

-  A walking group for all ages.
-  A great way to meet new people, explore your area and improve your health - **and it's free!**
-  These walks are led by qualified walk leaders. The goal is for everyone to have access to a friendly, short group walk, within easy reach of where they live, to help them become and stay active.
-  **NO NEED TO BOOK!**

[www.tamarvalley-nl.org.uk](http://www.tamarvalley-nl.org.uk)



**Tamar Valley**  
National  
Landscape

1st January

## Bere Ferrers riverside to Hallowell Wood

**Estimated time 2 hours (ca.1.8 m)\***

A very scenic route taking us along the Tavy riverbank with uninterrupted views of the estuary and then a short loop into the woodland. Using country lanes and public footpaths, moderate effort is required with some inclines but no stiles. Can be very muddy. No stiles.

8th January

## Calstock Quay to Okeltor

**Estimated 90 minutes (ca. 2.2 miles)**

From the bus stop on the quay, along the footpath by the river with extensive views over the new wetlands, crossing the new footbridge and at the end of the footpath turning back the lane to the quay. Continuing on to Okeltor mine (a series of deep steps going down, with a short uphill section) before coming back on the same footpath to join the lane back to Calstock.

15th January

## South Hooe (New walk)

A true gem in the Tamar Valley. Enjoy peace and tranquillity, taking in the splendid river views and spot some local wildlife. There are no dogs allowed on this permissive path due to wading birds. Please leave gates exactly as you find them. There are no facilities at the site. Please note, this route is not usually open to the public, except on the first Saturday of each month, from dawn to dusk.

22nd January

## Magpie bridge

**Estimated 2+ hours (ca. 2.4 miles)\***

This walk starts from the car park at Bedford Bridge, often called Magpie Bridge, on the A386 between Tavistock and Horrabridge. The route climbs steeply up to the Drakes cycle trail and follows it, going over the spectacular Gem Bridge. It then descends through the woods to Grenofen Bridge, returning to the cars on a path along the river and through the woods. This walk may be muddy and is very uneven in places but worth it for the beautiful riverside.

29th January

## Gunnislake village and riverside

**Estimated 90 minutes (ca. 2.4 miles)**

A varied walk from the centre of Gunnislake village down to the Tamar riverbank footpath. The path can be very muddy and slippery in places with steep, rough ground, so good footwear is essential. No stiles. Well worth the effort with lovely views of the river and of the valley across to Chimney Rock, as we climb back up to the centre of Gunnislake village. Option to stop for refreshments in the village at the end of the walk. 2 hours free car parking in the village car park.

5th February

## Tamar Trails - Chimney Rock

**Estimated 2+ hours (ca. 3.6 miles)\***

A lovely walk along the Tamar Trails towards Morwellham, returning via Chimney Rock. Good tracks, one section with narrow path. There's a short, steep downhill and a gentle climb on the way back. Part of walk on single track (not advisable for those with vertigo or small children). Refreshments available at Beech Café, Tamar Trails if open (seasonal hours). Please bring change for the car park if parking at Tamar Trails.

12th February

## Luckett Greenscombe Woods

**Estimated 2 hours (ca. 2.8 miles)\***

Starting on a quiet lane leading to a beautiful riverside path in the woods incorporating many old mine workings and a steep track up to an ancient hill fort. Steep, rough and slippery in places, but well worth the effort. No stiles. Good boots essential.

19th February

## Yelverton/Clearbrook (New walk)

**Estimated 2 hours 3.94 miles**

Easygoing, one gentle hill, no stiles. Mostly moorland & alongside the Meavy river walk. Dartmoor Views.

26th February

## Siblyback Reservoir

**Estimated 2 hours (ca 3.25 miles)\***

Surrounded by the striking backdrop of Bodmin Moor, Siblyback) lies within the Cornwall National Landscape. This is an easy level walk around the scenic reservoir on a good path. Some puddles but otherwise very clean track. The path runs adjacent to the lake, and passes by the impressive Siblyback Dam and through woodlands. Toilets and a café are available part way around.

5th March

## Morwellham

**Estimated 2 hours (ca. 4 miles)\***

An interesting walk full of the history of Morwellham, starting on road, but mostly on tracks, including railway tracks, and footpaths. First half downhill, second half a long uphill stretch taken at an easy pace. No stiles.

12th March

## Lewtrenchard (New walk)

**Estimated 2 hrs 3.35 miles**

Mostly easymuddy and wet in places. Long gentle incline, short steep descent. Mostly woodland tracks, some quiet roads and farmland, crossing the river Lyd

19th March

## Bere Alston Station to Tuckermarsh Quay

**Estimated 2 hours (ca. 2.8 miles)\***

An attractive route, mainly on public footpaths, through lovely deciduous woodland down to the river Tamar with daffodils in the spring. Very muddy and uneven in places, potentially slippery following rain. Crossing two small shallow streams. Uphill section from river back up to Bere Alston Station is long and steep but we go at an easy pace.

26th March

## Tamar Trails - Devon Great Consols

**Estimated 2 hours (ca. 2.4 miles)\***

Enjoy a Circular walk using the Tamar Trails network, passing mine workings. Wonderful views. One gradual uphill section. Mostly well-maintained paths, but one downhill section on uneven, rockier ground and another short but very muddy, wet section, so please wear appropriate footwear and a walking stick can be useful. Refreshments at Beech Café, Tamar Trails, afterwards if open (seasonal hours). Please bring change for car park if parking at Tamar Trails.



For further information on preparing yourselves for our walks, please visit [www.tamarvalley-nl.org.uk/discover-explore/walking/free-walk-groups](http://www.tamarvalley-nl.org.uk/discover-explore/walking/free-walk-groups) and scroll down to 'Be prepared', or email [enquiries@tamarvalley.org.uk](mailto:enquiries@tamarvalley.org.uk)

The Ramblers have also provided useful information on safe walking at [www.ramblers.org.uk/safety](http://www.ramblers.org.uk/safety)