

January



Take some long-shadow photographs



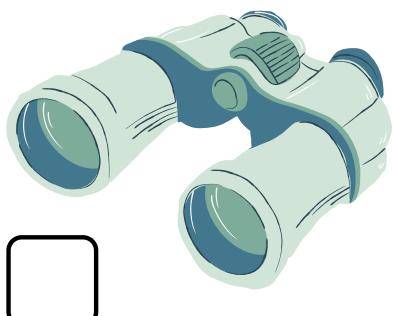
Light some LED candles and turn off the lights



Take a wintery walk through the woods



Listen to an episode of our Nature Connects podcast



Spot January nature



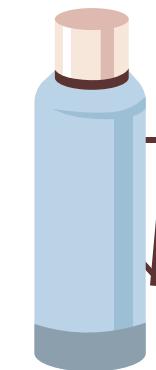
Feed the birds



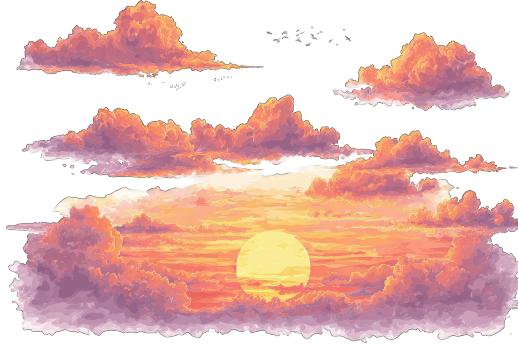
Spot a snowdrop



Spend an evening star gazing



Enjoy a hot drink outdoors



Watch the sunrise in your pyjamas



Wrap up warm for a winter walk



Make some soup from seasonal vegetables



Embrace your inner child. Pop some wellies on and splash in a puddle



Tamar Valley National Landscape