

At a glance

All times are approximate dependant on conditions and numbers

Date	Walk	Time	Where to meet
1 Apr	Buckland Monachorum and Crapstone	10:30am	Car park opposite Long Ash Garden Centre, PL20 7LL
8 Apr	Calstock and Albaston	10:15am	Calstock Quay car park, PL18 9QA
15 Apr	Lopwell Dam	10:30am	Car park near dam, PL6 7BZ
22 Apr	Liskeard Viaduct	10:30am	Rapson's car park, Heathlands Road, Liskeard PL14 4DJ
29 Apr	Bere Alston	10:30am	Bere Alston Station, PL20 7ES
6 May	Hingston Down	10:30am	Tamar Valley Centre, PL18 9FE
13 May	Bedford Bridge and Horrabridge Down	10:30am	Bedford/Magpie Bridge, PL20 7RZ
20 May	Luckett via Old Mill	10:30am	Luckett Village Car park, PL17 8NJ
27 May	South Hooe Nature Reserve	10:30am	Small car park on right opposite Tamar Valley Vineyard, PL20 7BW
3 Jun	Minions to Cheesewring	10:30am	Minions/Cheesewring carpark on B3244 near Minions, PL14 5LE
10 Jun	Bere Ferrers and Thorn Point	10:30am	Bere Ferrers Station, PL20 7LT
17 Jun	Cotehele Quay	10:30am	National Trust Cotehele Quay carpark, PL12 6TA
24 Jun	Pew Tor from the Pork Hill Car Park	10:30am	Pork Hill Car Park, Tavistock to Princetown road, PL19 9JU



Apr - Jun 2026



Tamar Valley Walk & Talk

Every Wednesday morning

-  A walking group for all ages.
-  A great way to meet new people, explore your area and improve your health - **and it's free!**
-  Please meet for a 10:30am start unless stated.
-  Walks are approximately 2 hours long.
-  These walks are led by qualified walk leaders.
-  **NO NEED TO BOOK!**

www.tamarvalley-nl.org.uk



Tamar Valley
National
Landscape

1 April

Buckland Monachorum and Crapstone

Meet: 10.30am at car park opposite Long Ash Garden Centre, PL20 7LL
w3w highs.learns.newsreel
Circular walk via Buckland Monachorum and Crapstone.
Several stiles.

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8 April

Calstock and Albaston

Meet: 10.15 am at Calstock Quay car park, PL18 9QA
w3w merge.inert.radar - bus pass or cash needed.
Catch the 10.36 bus from Calstock to Albaston and walk back via the Danescombe Valley. Please bring bus pass or money for fare.

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15 April

Lopwell Dam

Meet: 10.30am at car park near dam, PL6 7BZ
w3w pest.outer.retailing
Follow riverside foot path through woods. Return up steep hill via lane.

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22 April

Liskeard Viaduct

Meet: 10.30am at Rapson's car park, Heathlands Road, Liskeard, PL14 4DJ
w3w loved.situation.smoothly
£1.70 cash or card.
Lane and foot path to Coombe Valley and Moorswater Viaduct, then fields and lane to Junction Halt station and return.

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29 April

Bere Alston

Meet: 10.30am at Bere Alston Station, PL20 7ES
w3w dummy.stow.ooze
Circular walk around the bank of the Tamar to the Viaduct then return via Tuckermarsh to the station.

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6 May

Hingston Down

Meet: 10.30am at Tamar Valley Centre, PL18 9FE
w3w rigs.texted.twig
Walk to Hingston Down via Crow Lane. Return along lanes via Albaston.

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13 May

Bedford Bridge and Horrabridge Down

Meet: 10.30am at Bedford/Magpie Bridge, PL20 7RZ
w3w paddlers.open.scale
Walk up to Drake's Trail and along to former Horrabridge Station. Head uphill onto downs. Follow paths back down to join riverside path back to carpark.

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20 May

Luckett via Old Mill

Meet: 10.30am at Luckett Village Car park, PL17 8NJ
w3w sitting.bells.lifetimes
Cross bridge and go left to Broadgate then on to Old Mill, cross stream and through woods. Track to New Mill then across ford to Discovery Trail through Deer Park Farm, then downhill to car park.

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27 May

South Hooe Nature Reserve

Meet: 10.30am at small car park on right opposite Tamar Valley Vineyard, PL20 7BW
w3w meaty.brains.family
Walk down hill to the nature reserve to enjoy a circular route with time to visit the bird hides along the way. Return uphill to the carpark. (Sorry no dogs)

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3 June

Minions to Cheesewring

Meet: 10.30am at Minions/Cheesewring carpark on B3244 near Minions, PL14 5LE
w3w crumb.little.stands
Walk across the moorland to Cheesewring via stone circles, returning along the old railway.

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10 June

Bere Ferrers and Thorn Point

Meet: 10.30am at Bere Ferrers Station, PL20 7LT
w3w tonic.damp.lands
Follow lane past New Park Farm, then take the Tamar Valley Discovery Trail past Liphill Quay, to Thorn Point. Return uphill across fields to the station.

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17 June

Cotehele Quay

Meet: 10.30 am National Trust Cotehele Quay carpark, PL12 6TA
w3w reception.book.early - National Trust card or cash for parking.
A circular walk past the Chapel, to Newton, Newhouses and via the weir back to the car park.

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24 June

Pew Tor from the Pork Hill Car Park

Meet: 10.30am at Pork Hill Car Park, Tavistock to Princetown road, PL19 9JU
w3w shift.butter.crumb
Circular walk on the moor to Pew Tor and return via Feather Tor and Windy Post granite stone cross to the car park.

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For further information on preparing yourselves for our walks, please visit www.tamarvalley-nl.org.uk/discover-explore/walking/free-walk-groups and scroll down to 'Be prepared', or email enquiries@tamarvalley.org.uk
The Ramblers have also provided useful information on safe walking at www.ramblers.org.uk/safety