

# Walk & Laugh Group

meeting in Callington, Launceston  
& surrounding areas

Meeting on 3rd  
Tuesday of the month

11am - 1pm

free  
dementia-  
friendly  
activity

- 20 Jan**     **Tree planting with Cothele Rangers and Tamara Landscape Project**  
Meet in main car park, Cothele NT, PL12 6TA  
what3words:///costumes.suspends.plugs
- 10 Feb**     **Cotehele Apple tree grafting**  
#NOTE CHANGE to second Tues – this month ONLY  
Meet in top accessible car park,  
Cothele NT, PL12 6TA
- 17 Mar**     **Signs of Spring walk at Cotehele**  
Meet at Cotehele Quay car park, PL12 6TA  
what3words ///driven.cringes.costly
- 21 Apr**     **Sensory Blossom walk**  
Meet in main car park, Cothele NT, PL12 6TA
- 19 May**     **Glorious Garden walk!**  
Meet in main car park, Cothele NT, PL12 6TA

**Please get in touch if you require transport.**

To book and for more details

Tel: 01726 222900

email: [creativespaces@sensorytrust.org.uk](mailto:creativespaces@sensorytrust.org.uk)



Sensory Trust



COMMUNITY  
FUND



Cornwall  
Community  
Foundation

Creative Spaces

Creative Spaces supports people living with dementia, their families  
and carers in rural communities in Cornwall

